

CLIENT INFORMATION FORM

***Note:** This confidential information is for the use of your counselor. Please complete it as carefully as you can. If more than one family member is coming for counseling, each should fill out a form. Be sure to complete all pages.

Date: _____

Client Information

Name: _____

Address: _____

Phone: Home _____

Cell _____

E-mail: _____

May we email you? Yes No May we text you? Yes No

*Please note: Email and text message correspondence is not considered to be a confidential medium of communication.

Gender: _____ Birth Date: _____ Age: ____

Race/Ethnicity: _____ Occupation: _____

Who referred you for counseling? _____

Personal Information

Marital Status:(Check choices that apply; indicate month and year)

Single ____ Engaged ____ () Married ____ ()

Separated ____ () Divorced ____ () Widowed ____ ()

Education: (Circle last year completed.)

Grade School: 1 2 3 4 5 6 7 8 High School: 9 10 11 12

College: 1 2 3 4 5 6+ Training: _____

Spouse's Name: _____ D.O.B: _____

Mother's D.O.B: _____ Deceased? Yes ____ No ____

Father's D.O.B: _____ Deceased? Yes _____ No _____

If your mother and father separated, how old were you at this time? _____

If your mother and father divorced, how old were you at this time? _____

I was child number ___ in a family of ___ children. I was adopted: Yes No

Children: (Please indicate the Names and information for your children.)

Name	Age	Sex	Education
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1. _____

2. _____

3. _____

List any other person living in your home:

Name	Age	Sex	Relationship
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1. _____

2. _____

Health Information

Please rate your physical health:

Excellent ___ Good ___ Average ___ Poor ___ Declining ___

Please list all important present or past illnesses, or injuries:

Are you currently under a physician's care? Yes No If yes, please explain:

Are you taking medication? Yes No If yes indicate name, dosage & frequency?

Have you ever been hospitalized before? (Ex. Surgery, Drug Abuse) _____

If yes, why? _____

Have you, your spouse, or children, ever had any major medical/emotional problems? _____ If yes, please explain: _____

Health Information (cont'd)

Have you ever used drugs recreationally? Yes No

If yes, What and When? _____

Alcohol Use: Never ___ Occasionally ___ Often ___ Habitually ___

Have you ever received counseling before? Yes ___ No ___

If yes, with whom, when, and under what circumstances? _____

Please check any of the following that are currently troubling you:

- | | | |
|--|--|---|
| <input type="checkbox"/> Abortion/Adoption | <input type="checkbox"/> Depression | <input type="checkbox"/> Loneliness |
| <input type="checkbox"/> Addictions | <input type="checkbox"/> Divorce | <input type="checkbox"/> Loss of Appetite |
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Eating Disorder | <input type="checkbox"/> Loss of Control |
| <input type="checkbox"/> Anger | <input type="checkbox"/> Envy/Jealousy | <input type="checkbox"/> Loss of Concentration |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> Family Issues | <input type="checkbox"/> Loss of Energy |
| <input type="checkbox"/> Apathy | <input type="checkbox"/> Fear | <input type="checkbox"/> Loss of Memory |
| <input type="checkbox"/> Bitterness/Resentment | <input type="checkbox"/> Finances/Debt | <input type="checkbox"/> Loss of Sleep |
| <input type="checkbox"/> Burnout/Stress | <input type="checkbox"/> Forgiveness | <input type="checkbox"/> Loss of Temper |
| <input type="checkbox"/> Change of Lifestyle | <input type="checkbox"/> Frustration | <input type="checkbox"/> Loss of Trust |
| <input type="checkbox"/> Child Abuse | <input type="checkbox"/> Guilt | <input type="checkbox"/> Marriage |
| <input type="checkbox"/> Children/Discipline | <input type="checkbox"/> Health/Medical | <input type="checkbox"/> Medication/Drug Issues |
| <input type="checkbox"/> Children/School | <input type="checkbox"/> Homosexuality | <input type="checkbox"/> Mid-Life Issues |
| <input type="checkbox"/> Children/Rebellion | <input type="checkbox"/> Honesty | <input type="checkbox"/> Mother Issues |
| <input type="checkbox"/> Communication | <input type="checkbox"/> Infidelity | <input type="checkbox"/> Panic Attacks |
| <input type="checkbox"/> Confusion | <input type="checkbox"/> In-Laws | <input type="checkbox"/> Parenting |
| <input type="checkbox"/> Crisis/Conflict | <input type="checkbox"/> Job Problems | <input type="checkbox"/> Physical Abuse |
| <input type="checkbox"/> Death of a Loved One | <input type="checkbox"/> Legal Issues | <input type="checkbox"/> Rejection |
| <hr/> | | |
| <input type="checkbox"/> Religion/Faith Issues | <input type="checkbox"/> Single Parent | <input type="checkbox"/> Unemployment |
| <input type="checkbox"/> Separation | <input type="checkbox"/> Spouse Abuse | <input type="checkbox"/> Violence/Rage |
| <input type="checkbox"/> Sexual Abuse/Rape | <input type="checkbox"/> Substance Abuse | <input type="checkbox"/> Withdrawal |
| <input type="checkbox"/> Sexual Issues/Addiction | <input type="checkbox"/> Suicidal Thoughts | <input type="checkbox"/> Worry |
| <input type="checkbox"/> Singleness | <input type="checkbox"/> Self-Esteem | <input type="checkbox"/> Other |